



Included with this document are some silly, fun and creative short play break ideas! Find more about VONK at playvonk.com

Playbreak Ideas and Suggestions

Find something blue, something red and something yellow.

Find the letter H 3 times on a single page of a newspaper or magazine and circle it.

Draw a picture of a monster eating a cupcake.

Balance a stack of 10 books, putting the smallest book on the bottom, building up to the largest.

Grab a piece of paper and a pencil. Put the pencil on the paper, close your eyes, and draw a picture of yourself without ever looking down at the page.

If you have inside stairs in your house, count them, and write the total number on a piece of paper.

Grab a piece of paper and a pencil. Put the pencil in the hand you do not write with and draw a picture of yourself.

Find 3 books that have either the word Girl or Boy in the TITLE. Gather them together.

Make up a song about a turtle and sing it loud and proud!

Make a hat out of newspaper.

Draw a map from your bedroom to your kitchen. Be sure to draw all the fun things you see along the way.

Share a 6 second commercial for the most disgusting thing in the kitchen as if it were the greatest new invention or discovery.

Draw a map from your bedroom to your bathroom and be sure to label all the fun things along the way. Take a picture of your map.

Make up and sing a song about all the things that make you great. We know there are lots!

Take a piece of paper. Fold it so it looks like an airplane. Draw in anything you can imagine that goes on or inside your airplane. Let it fly.

Create a made-up poem or song about your favorite sport in 10 words.

Find 3 things in your house whose names rhyme.

Create a 5 second video of a cheer for your family. Gooooooo team.
Say the alphabet backwards.
Find something smooth, something bumpy and something fuzzy.
Count the letters in your first and last name. Clap that many times in 10 seconds.
Find a dime with the year of your birth on it.
Find 3 things that are similar in some way but are NOT the same thing. (Same color, same shape, same purpose).
Find 2 things that are the opposite of each other. Explain why they are opposite.
Think of 20 words that describe you and say the words in 10 seconds or less!
Make a map of your neighborhood.
Starting at your front door, walk 100 steps (no more no less). Where did you end up?
Spell your name, using WORDS that start with the letters of your name, instead of letters. (Example: Ted = Taco Elephant Donut)
Find 5 of the same coin, place them in chronological order, oldest to newest.
Write down as many new words as you can using the letters in the word: EXTRAORDINARY.
Name AS MANY people (first names) in your entire family (cousins, grandparents, aunts, everyone) as you can in 6 seconds. The faster you go, the more names you can do. ONLY 6 seconds!
Find 2 things that are not the same thing, but that are used at the same time. (Example: toothbrush & toothpaste, and no, you can't use that one.)
Count the number of chairs in your house. Write the number on a piece of paper.
Name 6 things about this week. Like, 'it's memorial day' 'I learned to ride a bike' or 'I ate cheese'. Anything. 1 second each.
Using fruit, lay out our solar system.
Sing a song using all the names of your family members.
Make some paper snowflakes and tape them to a window as if it is snowing.
Balance something flat on something round.
Find 5 things that go together in some important way.

Make your happiest face then your saddest face then your silliest face.

Name 3 different places anywhere in the world you have eaten pizza.

In 6 seconds, name all the states that border yours.

Name 4 people, real or fictional, you would like to have dinner with.

Say this sentence in double-talk, saying every word twice: 'Here I am, there I go.'

Think of a silly award that is unique to your family, like, 'best eater' 'best back scratcher' 'best carrier of plates' and say the name of the award and who gets it.

Say 5 words that rhyme with your name.

Using your middle name and your favorite spice or food, create a new chef name for yourself, like 'Jan Jelly' or 'Carl Cookies'

Find a picture book, open to page 10 and find something in your house that matches something on the page and take a picture of both things together.

Create a stuff rainbow - line up a Red, Orange, Yellow, Green, Blue and Purple somethings in a row - you made a stuff rainbow!